

Winter Solstice

Rejuvenating Treatment

**Hot Stone Therapy + Aromatherapy +
Reflexology + Dr. Hauschka Eye Solace**

Combine these wonderful therapies for total body rejuvenation during our challenging winter. Begin the treatment with essential oils of pine, cinnamon and frankincense to stimulate the immune system. **Hot stone massage** provides penetrating heat to muscles and rebalances the nervous system to leave you deeply relaxed. **Foot reflexology** encourages healthy digestion, circulation and breathing. **Dr. Hauschka Eye Solace** revitalizes tired eyes.

Call today to book our **Winter Solstice Rejuvenating Treatment**
75 min. \$110

Gift Certificates from One Body Spa
make the perfect holiday present!

One Body Spa
10 Hawkview Lane • Accord N.Y.12404

845-626-2377