



# *Winter Solstice*

## *Rejuvenating Treatment*

**Hot Stone Therapy + Aromatherapy +  
Reflexology + Dr. Hauschka Eye Solace**

Combine these wonderful therapies for total body rejuvenation during our challenging winter. Begin the treatment with essential oils of pine, cinnamon and frankincense to stimulate the immune system. Hot stone massage provides penetrating heat to muscles and rebalances the nervous system to leave you deeply relaxed. Foot reflexology encourages healthy digestion, circulation and breathing. Dr. Hauschka Eye Solace revitalizes tired eyes.

Call today to book our Winter Solstice Rejuvenating Treatment  
75 min. \$95

**Gift Certificates from One Body Spa  
make the perfect holiday present!**

One Body Spa  
10 Hawksview Lane • Accord N.Y.12404

*845-626-2377*